

# CRUSH!



## CHOVA CHOVA!

## PUSH FOR SAFETY

Palabora Mining Company recently grouped their sub-contractors into teams charged with driving safety innovations and practices. The teams were chosen according to the types of work undertaken by the sub-contractors and LAC was pleased to be grouped with Sandvik,

Mabunda Blasting, Lesedi Drilling, Sullwald, Phalaborwa Recycling, Barlows, Fraser Alexander and Thaba Nchu Mining. LA Crushers is represented on the core team by Managing Director Bill Smith, Operations Director Bryan Smith and Divisional Manager Wikus Erasmus. The team was named “Chova Chova”, in recognition of the group’s objective to “push” and encourage superior safety performance at every turn. All employees can expect to see the logo feature prominently in the weeks to come and we look forward to the full and enthusiastic participation of all employees in the initiatives to follow. LAC expects to gain significantly from the close interaction with similar companies working on the mines and believes that all involved can only benefit from the sharing of common goals. To enhance knowledge sharing the Chova Chova core team are making a series of visits to each other’s sites in order to experience first hand the success of each company’s safety initiatives.

At the end of the day this is about safety, and there is no other more important element of LAC’s work. LAC undertakes contracts in a number of potentially dangerous areas of the mines, but with careful regulation, training and the proactive involvement in risk assessment of every employee at every level there is no reason why everyone cannot return home safely at the end of every shift.



L - R - Wikus Erasmus, Bill Smith and Bryan Smith in Chova-Chova’s trademark reflective shirts that identify the team on their site visits.

## **INTRODUCING CORPORATE STRATEGY DIRECTOR MAMPITI MATSABU**

Management is delighted to advise that Mampiti Matsabu has assumed the role of Corporate Strategy Director at LA Crushers. Involved with LAC since 2001, Mampiti recently relinquished her role as the Board Chairperson in order to assume this crucial Executive position. The following brief profile gives an outline of Mampiti's achievements to date:



**MS MAMPITI MATSABU: EXECUTIVE DIRECTOR: MWISA; MAP (Wits), MSc Civil Eng (Drexel University) Philadelphia USA; BSc Civil Eng (Howard university) Washington D.C. USA.**

Mampiti has 18 years experience in the consulting Engineering Industry in both South Africa and the United States. In 2006, she left her former consulting practice to pursue her preferred professional interests in the environmental management field. She is one of the founding members of Savannah Environmental (Pty) Ltd; a professional services company providing specialist environmental advisory services in the water, energy and mining sectors.

Mampiti has served on the Board of the Water Research Commission (2002-2008), as Chairperson of the Board of Bloem Water (2005 – 2009) and as Chairperson of LA Crushers (2006-2011). She currently chairs the Environmental Monitoring Committee of the Olifants River Water Resources Development Project Phase 2A: De Hoop Dam Construction and also serves as a non-executive Director of the DBSA

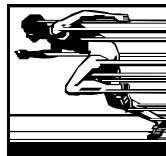
Development Fund and Savannah Environmental.

Mampiti joined the Executive team at LA Crushers on 01 July 2011 and will in the first instance focus on IR (Industrial Relations) and Safety issues, with her portfolio expanding to encompass other matters as the company's evolving strategy dictates. Mampiti will shortly be undertaking a series of site visits to familiarise herself with the operational realities of each site and to meet personnel on the ground.

We look forward to capitalising upon Mampiti's skills and experience and welcome her to her new home in Phalaborwa.

### **FOSKOR F21 MARATHON: 23 JULY 2011**

Good luck to Solly Malatsi (Civils), Stanley Machete (Mining) and Jacob Nkabinde (Mining) who will be running the Foskor F21 marathon on Saturday 23 July. We will be looking out for you!



**WELCOME!** to the following new employees who have recently joined LAC:

TM Rampyapedi (Mining VOD)

L Mathebula (Magnetite)

VAM Mongwe (Magnetite)

E Ngobeni (Magnetite)

M Hlongwane (Magnetite)

ML Malemela (PUMP BP)

PK Baloyi (Mining VOD)

SJ Mathebula (PMC MH)

CE Wallace (Workshop)

HJ Pretorius (Workshop)

DS Nxumayo (PUMP BP)

EJ Knox (PUMP BP)

We look forward to working with you!



### **THE SAFETY TRIO**

One of the main safety initiatives at present is to increase the amount of time spent by managers on operational sites. LAC has always employed a system of visible field leadership that has included managers being frequently on site and approachable. Having senior staff on site more has led to an increase in use of the "Safety Trio" of tools - Safety Interactions, HIRAs and Xiya-Xiya. Every employee should be extremely familiar with the Safety Trio and should approach their supervisor or manager if they would like further information about these systems at any time.



**HIV/AIDS AWARENESS AND TESTING** Counselling and voluntary testing sessions are held virtually every month. Please contact Nancy Ratopola at HR if you would like to participate in one of these sessions.

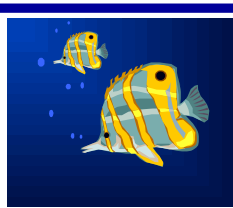


### CONTRACT NEWS: FOSKOR MAGNETITE DECAPPING UNDERWAY



LAC's Foskor Materials Handling Department were awarded the contract by Foskor to remove the capping from their old magnetite dump after magnetite stocks at Spitskop became exhausted. The first phase to remove some 40,000m3 of capping (the soil covering used to prevent the magnetite blowing about or eroding) will expose around 500,000 tons of magnetite which will be handled by our existing contract to load, haul and then load trains with magnetite for Foskor. To date around 7,000m3 of capping has been removed by excavator then loaded and hauled and stockpiled in the old Spitskop borrow pit. This stockpile area is then surveyed to establish invoice quantities.

Decapping is currently being undertaken by the Foskor Materials Handling dayshift personnel using B30s. In due course a slot dozing method will be employed whereby the various grades of magnetite are mixed before being transported to the stockpile.



Two fish swim into a concrete wall. One turns to the other and says "Dam!".

#### LONG SERVICE AWARDS



Congratulations and thank you to Abram Mathebula (VO Mining) who has completed 10 years of loyal service to LA Crushers.

#### DID YOU KNOW?

There are 5 to 15 fatal shark attacks a year, but 300 people are killed by toasters in the US annually. Makes you view your breakfast with a lot more caution ...



#### ALLEGEDLY THE 10 BEST DIET TIPS EVER.....

- 1. Keep a food journal** and use it to devise a plan to counter all your bad habits.
- 2. Discover what works.....**and what doesn't. Because we're all unique (shape, height, gender etc.), our dietary needs and fitness requirements will differ so follow an eating plan designed for you.
- 3. Eat breakfast.** We cannot stress the importance of a hearty meal in the mornings to stimulate your metabolism.
- 4. Set realistic goals.** Having a long-term goal is good, but to make your weight loss journey seem less of a drag, set short-term targets for yourself too. Remember that achieving lasting weight loss requires an eating plan and an exercise regime that can be part of your lifestyle forever.
- 5. Don't give up.** Being healthy will benefit you in the long run, but getting into shape does not mean that you can't indulge on the odd occasion.
- 6. Make exercise a priority.** For weight loss, what you put in is essential, but any expert will tell you that true success is a combination of eating properly and exercising regularly.
- 7. Load up on fruit and veggies.** Top off every meal with a fruit or a portion of veggies because they're low in energy, high in volume and astronomical in disease-fighting nutrients.
- 8. Reward yourself.** Losing weight and keeping it off is an accomplishment worth honouring. But instead of celebrating with food and eating, splurge on something that will make you feel good.
- 9. Be a savvy shopper!** Pay careful attention to the ingredients list. Take note of everything from the fat content, sugar and sodium levels; to the additives, kilojoule count and even allergens present.
- 10. Love yourself.** Quit unnecessary self-pity and learn to accept and appreciate your body and appearance.

## NELSON MANDELA INTERNATIONAL DAY: 18 JULY 2011

Nelson Mandela Day is celebrated on 18 July each year, Mr Mandela's birthday. It is observed as a day to remember Mandela's achievements in working towards conflict resolution, democracy, human rights, peace and reconciliation. However, it is also observed as a day to take action and inspire change.

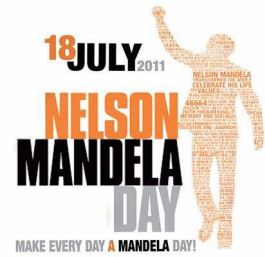
Nelson Mandela Day not only celebrates Nelson Mandela's life, but it is also a global call to action for people to recognise their ability to have a positive effect on others around them. The day hopes to inspire people to embrace the values that Mandela shared. These values include democracy, freedom, equality, diversity, reconciliation, and respect.

Many people around the world take part in a variety activities to promote Nelson Mandela Day. These activities include volunteering, sport, art, education, music and culture. Nelson Mandela spent (at least) 67 years of his life making the world a better place and in honour of this people are asked to spend 67 minutes of their day helping others. Mandela Day has powerful messages for us all, perhaps none more so than to realise that Mandela Day could and should translate into an everyday initiative to do what good you can to improve the life of anyone less privileged than yourself - whenever and however you can.

At LAC a team of administrative staff will be donating their 67 minutes of community service by collecting litter in the centre of town. Do join us if you can.

### MAKING A DIFFERENCE - IDEAS ON HOW YOU CAN HELP

- Donate clothes to the homeless, serve food at a soup kitchen.
- Make hygiene kits with combs, toothbrushes, toothpaste shampoo, etc. for the homeless.
- Organise a collection of canned food or blankets and give them to a local shelter.
- Give blood.
- Donate money or your time to your favourite charity – encouraging words from someone like you could be all that's needed to help someone feel able to cope.
- Make the time to get to know your neighbours.
- Plant a vegetable garden or give your vegetables to your neighbours if you have too many.
- Befriend older, sick or housebound neighbours. Go for a walk with an elderly person, or pick up their groceries or medicines.
- Donate magazines to local doctors, dentists or old age homes.
- Donate your creative skills, for instance teach someone to knit, draw or play an instrument.
- Visit and spend time at a hospital or home for the elderly and give your company.
- Support nearby farmers and buy local produce.
- Donate books to your local library or furniture to an organisation.
- Organise a 5-a-side football/netball tournament to fundraise for a charity.
- Show a senior or a friend how to use a computer and the Internet. Donate your old computer to charity.
- Volunteer anywhere – at a hospital, school, library, old age home, youth centre. Become a mentor.
- Pick up litter in your local community. Plant a garden or tree where the whole neighbourhood can enjoy it.
- Live every day like it is your last!... and smile at everyone you see!



### CONGRATULATIONS! to the following employees on their promotions:

- ◆ Abigail Kubayi, promoted from Spotter to Control Room Operator;
- ◆ Daniel Slingene, promoted from Batch Plant Operator to Trainee Supervisor; and
- ◆ Makhasane Mashimbyi, promoted from Spotter to Scraper Operator.

### IN SYMPATHY:

We extend condolences from all at LAC to:

- ◆ Frikkie Taljaard, Robert Mashimbyi and Prinsloo Msukwini whose fathers all passed away; and
- ◆ John Mahlangu, whose daughter passed away.

Our thoughts are with you all at this difficult time.

